

School Health Advisory Committee (SHAC) Meeting Minutes
March 26, 2026, 6:00pm-7:00pm
Online via Google Meet

In attendance: Laura Rutledge, Karie Rowland, Don Johndrow, Dr. Charles Cox, Julee Range, and Connor Kramer (guest presenter)

- I. Welcome and Attendance
 - A. Review of meeting norms - Laura Rutledge reviewed meeting norms
- II. Perry Weather presentation by Connor Kramer:
 - A. Perry Weather is a weather monitoring system designed to keep schools and parents better informed as to safety risks surrounding weather events.
 - B. Policy driven to follow UIL guidelines. Texts sent to coaches to alert when it is advised to stop outdoor activities.
 - C. Questions addressed regarding necessity, liability policy of company
 - D. Pricing not discussed, more follow up needed to make informed decision as to whether SHAC would recommend the product or not
 - E. Reviewed Lago Vista ISD's current weather policy
- III. Update from last meeting:
 - A. New nurse hired for HS: Tiffany Connell. Unsure of start date. Long-term subs filling in at the MS until Tiffany is available.
 - B. Free pre-participation sports physical date set for May 2nd at the high school. Offering to current 8th and current 10th graders. Dr. Cox and Lions Club are volunteering their time as well as some high school students, to direct traffic.
 - C. New flyer created by Don Johndrow and Julee Range to present at Kindergarten round-up on April 15
 - D. Lonestar Circle of Care invited to set up booth at Kindergarten round-up to present a primary care physician option to new families in the community
- IV. Dr. Cox: Medical information for teenagers/current topics they might like to know more about.
 - A. Dr. Cox is brainstorming ideas for topics he can write a short blurb about for newsletters that link to popular media. Wants to reach kids where they are at and with the media they get their information from.
 - B. Topics might include GLP1's, food dyes, food additives, vaccines
 - C. Don Johndrow suggests Dr. Cox extend this to the LEO club and the new local newspaper. He will connect Dr. Cox to members of these publications.
- V. Next steps and meeting preview: April 16th, 7pm
- VI. Adjourned at 7pm